

Announcing

Adventures in Psychiatry

The Scientific Memoirs of Abram Hoffer

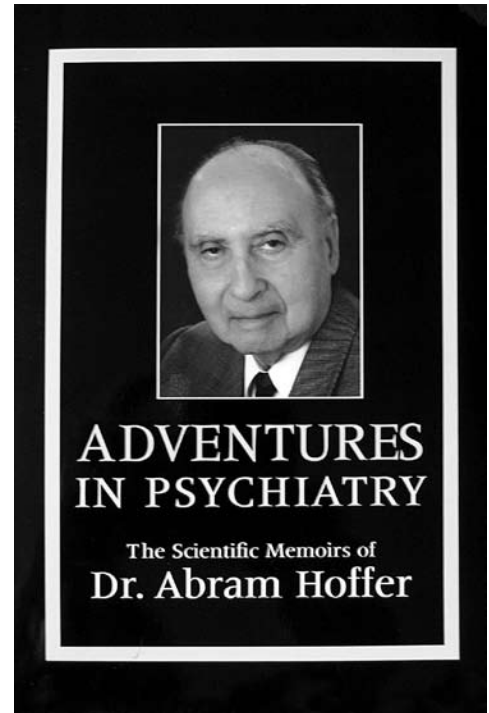
Follow the journey of the founder of Orthomolecular Medicine from his rural Saskatchewan childhood, training in agricultural biochemistry and later specialization in psychiatry, professorship at the University of Saskatchewan, and his daily work with patients. Learn of his disillusionment with traditional methods of treating the mentally ill and share his excitement of discovery as we follow his dramatic case histories uncovering the connection between deficiencies in specific nutrients and mental illness.

Once teamed up with the great Linus Pauling, we re-live Dr. Hoffer's research odysseys that led to modern orthomolecular medicine, transforming psychiatry, the treatment of cancer and chronic disease, and offering patients hope and recovery. We also meet colleagues who helped design the rigorous research studies for orthomolecular medicine.

Finally, we read how Dr. Hoffer patiently and determinedly countered the medical authorities bent on preserving the status quo rather than focusing on patients' healing. When you read this book you will regain hope in medicine and humanity.

"When Drs Abram Hoffer and Humphrey Osmond discovered, in the 1950s, that high doses of vitamins B₃ and C were an excellent treatment for schizophrenia and that niacin lowered cholesterol, they were undermining the reigning medical paradigms for psychiatry and cardiovascular disease."

-Harold Foster, PhD



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